



# ANNOUNCEMENTS



Good Morning Ladysmith!  
We are gathered on the unceded  
Territory of the Stz'uminus First Nation's people  
These are your announcements for  
**Tuesday, April 21, 2026**

## **Counselling**

Michelle Steel from VIU advising will be here on April 28<sup>th</sup> to help students going to VIU with course selection and any other questions they have see the poster on Mrs. Holmes door for how to book an appointment.

## **Yoga**

Yoga Club meets today at lunch, in room 606 (the dance room).

## **Indigenous Games**

The Indigenous Games blend Northern traditions with those of the Coast Salish peoples, combining physical skill, community, and cultural meaning. Once used to build survival skills and connections between communities, these games declined during colonization but have been revived through festivals and youth programs. Today, they celebrate resilience, identity, and connection across generations. Events include the High kick, Muskox Fight, Leg Wrestle, Stick Pull, Lacrosse, and Caribou Carry.

Our district's celebration of the Indigenous games is on May 13, 2026 at Wellington Secondary. Transportation and food will be included for all participants. If you are at all interested in joining and participating in any of these events, please sign up in the PHE office ASAP. If you have questions, talk to Mr King."

## **Grad Meeting**

an important grad meeting is happening tomorrow, Wednesday, April 22 at lunch. All grads are required to attend. The meeting will take place in Ms Teneycke's room 504 at lunch."

## **Guitar Club**

Wanna learn to play guitar? Come join guitar club, tomorrow at lunch.

## **Math Clinic**

Math Clinic today from 3-4pm in room 218. Come do math, ask questions, get help, finish your homework before you head home, or study for your quiz. All are welcome

## **Student Council**

Hey LSS! Student council meeting today at lunch in the Career Centre room 104. Student Council will be holding meetings every Tuesday.

## **Cafeteria**

Today in the cafeteria, the soup is Beef Barley, the salad special is Asian Pork Loin Salad, and the Short order is Poutine!!

## **And now for today's Dad joke**

I once swallowed a book of synonyms. It's given me thesaurus throat I've ever had.

- Try your best!!
- Get better each day!!
- Do the right thing!!
- It's the 49er way!!